



# ***The Focused Investor***

*How to make 2019 a great year and your future even better*

A \_\_\_\_\_ is simply a very clear picture of what you see for your future...if everything turns out \_\_\_\_\_.

## ***Future Focus***

***The home is:***

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***20 year memory?***

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***Advice?***

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***Other insights?***

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***If you were attending the Focused Investor workshop \_\_\_\_ years from today, what has to have happened in your life, both personally and professionally, for you to feel happy with your progress?***

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***Specifically, what challenges do you have now that need to be eliminated, what opportunities need to be captured, and what strengths need to be maximized?***

Challenges \_\_\_\_\_

Opportunities? \_\_\_\_\_

Strengths? \_\_\_\_\_

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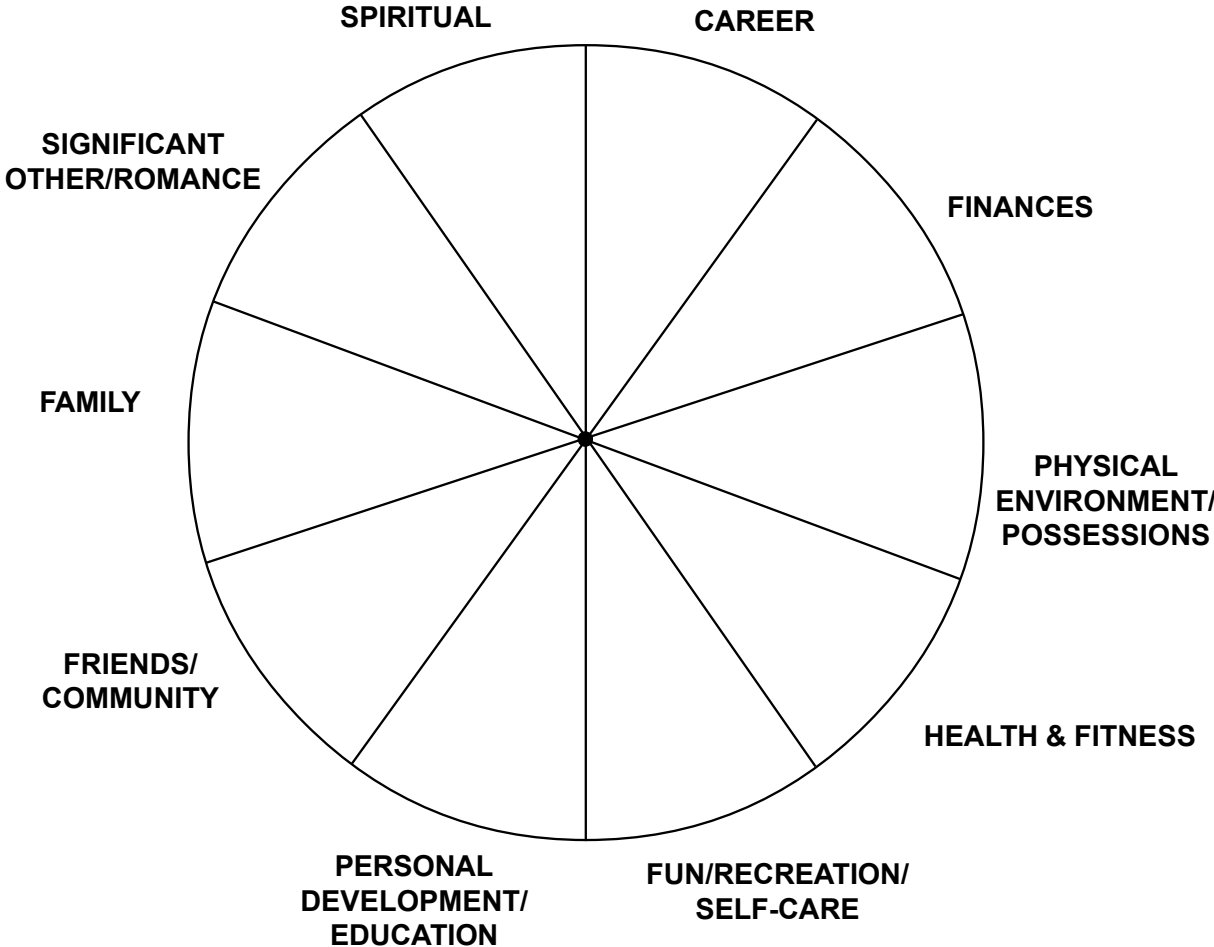
## **Fun Facts:**

Lasting change to the brain throughout an individual's life course is called \_\_\_\_\_ . The term gained prominence in the latter half of the 20th century, when new research showed that many aspects of the brain can be altered, even into adulthood.

The \_\_\_\_\_ is a bundle of nerves at our brain stem that filters out unnecessary information so the important stuff gets through. It's why you can tune out a crowd full of talking people, yet immediately snap to attention when someone says your name.

# LIFE BALANCE WHEEL

Date: \_\_\_\_\_



*From the book EXTREME SUCCESS: The 7-Part Program That Shows You How to Succeed Without Struggle (Simon & Schuster)  
Copyright 2002 by Rich Fetteke*

**Vision for 2019**

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**Theme for 2019**

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**Personal Quality to Develop in 2019**

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**Big Three for 2019**

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**Rituals to Develop**

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**Notes & Stuff to Remember**

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